



2021 Boys' High School Rules Exam

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1. A1 bats the ball into the goal with his crosse. RULING?

- A. Goal is good.
- B. No goal, penalize A1 1-minute for unsportsmanlike conduct.
- C. No goal, award possession to Team B.
- D. No goal, award possession to Team A outside the attack area.

Rule Reference: Rule 1-1

2. Player A1 kicks the ball into the goal. RULING?

- A. Goal is good.
- B. No goal, penalize A1 1-minute for unsportsmanlike conduct.
- C. No goal, award possession to Team A outside the attack area.
- D. No goal, award possession to Team B.

Rule Reference: Rule 1-1

3. The home team's field does not have a clearly marked center line due to a logo in the center, what is the correct call?

- A. Illegal procedure. Absent other pre-game fouls, possession of the ball goes to the visiting team to begin the game.
- B. The home team is assessed a 3-minute nonreleasable foul to begin the contest.
- C. No foul.
- D. None of the above

Rule Reference: Rule 1-2-1

4. Officials arrive at a game and find that the home team cannot provide balls with the label "Meets NOCSAE Standard." Under which of the following conditions can the game be played?

- A. If balls with the NFHS mark (but without the "Meets NOCSAE Standard" label) are available, the game may be played, but the officials must report this to the sponsoring authority.
- B. If the visiting team has balls available to be used with the label "Meets NOCSAE Standard," the game may be played. The officials shall assess a technical foul on the home team to start the game and report this to the sponsoring authority.
- C. If both coaches agree, balls without the "Meets NOCSAE Standard" label may be used and the game may be played.
- D. The game may be played in all of these situations.



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Rule Reference: Rule 1-5 SITUATION A

- 5. During a random equipment inspection, the official discovers that B1 is not wearing shoulder pads. What is the correct call?**
- A. 1-minute releasable foul.
 - B. 1-minute nonreleasable foul.
 - C. 3-minute nonreleasable foul.
 - D. 30-second technical foul.

Rule Reference: Rule 1-9-1 SITUATION A

- 6. When does the authority of the officials begin and end?**
- A. It begins when the first official arrives in the parking lot and ends when the game is completed.
 - B. It begins when the officiating crew enters the field of play and ends 24 hours after the conclusion of the game.
 - C. It begins when the officiating crew enters the field of play and ends when the game is completed.
 - D. It begins when the officiating crew arrives on the field and ends when they leave the immediate playing facility.

Rule Reference: Rule 2-6-1

- 7. A1 is penalized 1-minute for slashing with 20 seconds left in the period. With four seconds remaining in the period, B2 slashes A4, flag-down, and time expires. During the dead ball, B2 maligns the official. How is the next period restarted?**
- A. Faceoff because the teams are at equal number of players.
 - B. Alternate-Possession.
 - C. Team A starts with the ball at midfield.
 - D. None of the above

Rule Reference: Rule 4-3-1-1, 4-3-1-2, 7-7

- 8. On a faceoff, a player may:**
- A. Clamp, then move, rake, or direct the ball from the back of his crosse within one step.
 - B. Clamp, then move the ball from the back of his crosse within three steps.
 - C. Clamp, and play with the ball in the back of his crosse.
 - D. Clamping is illegal and should be whistled as a faceoff violation.



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Rule Reference: Rule 4-3-3-i

- 9. A shot is taken. While the ball is in flight, the horn sounds to end the period. In which of the following situations would a goal be DISALLOWED?**
- A. The ball hits the goalkeeper's body or crosse, and deflects into the goal.
 - B. The ball makes contact with any member of the DEFENSIVE team and deflects into the goal.
 - C. The ball hits the ground and then bounces into the goal.
 - D. The ball makes contact with any member of the OFFENSIVE team and deflects into the goal.

Rule Reference: Rule 4-9-3

- 10. Team A is about to fail its 20-second clearing count requirement. The Head Coach of Team A calls timeout to avoid a "failure to advance" infraction. After the timeout, what happens to the clearing count?**
- A. No reset. Team A resumes play under the original clearing count.
 - B. Team A gets a new 20-second clearing count on the restart.

Rule Reference: Rule 4-13-d, 4-13 SITUATION A

- 11. Team A successfully advances the ball into its attack box. Which of the following would result in an Over and Back infraction on Team A? (Check all that apply)**
- A. A shot ricochets off the goal pipe and touches something on the opposite side of the center line.
 - B. The ball deflects off a Team B defender prior to touching something on the opposite side of the center line.
 - C. The ball deflects off an offensive player's helmet (not a shot) and touches something on the opposite side of the center line.
 - D. A2 misses a pass from A1, and the ball touches something on the opposite side of the center line.

Rule Reference: Rule 4-14-3

- 12. The 10-second count is on for Team A when A1 throws, carries, or passes the ball onto his defensive half of the field. Is this over and back?**
- A. Yes.
 - B. No.

Rule Reference: Rule 4-14-1 SITUATION B



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13. Goalkeeper B1 is within his crease when a shot is taken. He catches the ball in his hand and immediately drops it into his crosse. What is the correct ruling?

- A. Illegal procedure; illegal touching of the ball.
- B. No call; legal play.
- C. B1 serves two-minutes nonreleasable for Unsportsmanlike Conduct.
- D. None of the Above.

Rule Reference: Rule 4-18-1

14. Non-goalkeeper A1 has possession in his own crease. B2, who is standing outside the crease, checks the crosse of A1 to dislodge the ball while A1 is still in the crease. The ball enters the goal. RULING?

- A. Goal is good.
- B. No goal. B2 serves no penalty time.
- C. No goal. B2 serves 30-seconds for interference.
- D. No goal. B2 serves one-minute for unsportsmanlike conduct.

Rule Reference: Rule 4-18-2 SITUATION G

15. For all restarts, players should be five yards or more away from the player in possession of the ball. Play may be restarted when a defensive player is less than five yards away from the player in possession of the ball if the defensive player...?

- A. Allows the player in possession of the ball a direct path to the goal.
- B. Does not defend the player in possession of the ball until the player reaches a distance of 5 yards from the defending player.
- C. Both A and B.
- D. None of the Above.

Rule Reference: Rule 4-22-1

16. What conditions must be met for a successful restart? (Check all that apply)

- A. All offensive players must be five yards or more away from the player in possession of the ball, before the whistle.
- B. Any defensive player who is within five yards of the player in possession of the ball must allow him a direct path to the goal.
- C. Defensive player does not defend the player in possession of the ball until establishing five yards of separation.
- D. All players, except offense, must be five yards away from player in possession of the ball.



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- E. Officials must be ready.
- F. Restart must not be within five yards of the substitution area.
- G. Goalkeeper must be given a maximum of five seconds to reenter his crease.

Rule Reference: Rule 4-22-1

17. The defending team commits a violation while the ball is loose in the goal area. How will play restart?

- A. Award possession to the offensive team and restart play at the spot of the foul.
- B. Award possession to the offensive team with the ball starting laterally outside the goal area.
- C. Award possession to the defensive team.
- D. Award possession via alternate possession.

Rule Reference: Rule 4-22-2

18. During a game, when may a coach legally enter the field of play without the permission of an official?

- A. To tend to an injured player.
- B. To warm-up a goalkeeper.
- C. At halftime.
- D. All of the above.

Rule Reference: Rule 6-6-1

19. On a restart and within five yards, A1 raises his stick and deflects B1's pass. What is the call?

- A. Legal play.
- B. Personal foul. Unsportsmanlike Conduct A1.
- C. Technical Foul. Delay of game on A1.
- D. Technical Foul. Delay of game on B1.

Rule Reference: Rule 4-22-1 SITUATION B

20. A1 steps aside to allow B1 a path to the goal. Purposefully, B1 veers into A1 and initiates contact. What is the call?

- A. No violation, stop the play and restart play again, with all players 5 yards from the ball.
- B. No violation on A1 since he steps aside. Play continues.
- C. Technical Foul. Delay of game on A1.
- D. Technical Foul. Delay of game on B1.



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Rule Reference: Rule 4-22-1 SITUATION C

- 21. B1 takes a shot on goal and goalkeeper A1 makes a save. A1 runs out of the crease with possession of the ball and loses possession of the ball around the midfield area. There is a loose ball violation committed by Team A. What is the proper procedure?**
- A. Delay restart for up to five seconds to allow goalkeeper to re-enter the goal crease.
 - B. Immediate quick restart.
 - C. Allow goalkeeper to return to the goal crease before restarting play.

Rule Reference: Rule 4-22-3 SITUATION B

- 22. Goalkeeper's crosse breaks or his mesh becomes partially disconnected from the head. RULING?**
- A. Play continues.
 - B. Immediate whistle.

Rule Reference: Rule 4-24-8, 6.5.2 SITUATIONS D, E, F, G, and H.

- 23. Player A1 scores a game-tying goal as regulation time expires. The Head Coach of Team B requests an equipment inspection on A1. RULING?**
- A. Inspection is allowed.
 - B. Inspection is not allowed.

Rule Reference: Rule 4-27-1

- 24. A1 scores the winning goal in sudden victory overtime. Team B's head coach requests an equipment check on A1. What is the correct action to take?**
- A. The game is over; no equipment check is allowed.
 - B. Check A1's equipment. If legal, the game is over.
 - C. Check A1's equipment. If illegal, disallow the goal and award ball to Team B.
 - D. A1 serves 1-3 minutes nonreleasable.

Rule Reference: Rule 4-29-2 SITUATION

- 25. A cross-check is:**
- A. Holding an opponent with equal pressure, using the exposed handle of the crosse.
 - B. Checking an opponent with the hands together on the handle of the crosse.
 - C. Checking an opponent with the part of the handle that is between the players hands, either by thrusting away from the body or by holding it extended from the body.



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D. None of the above.

Rule Reference: Rule 5-2

26. Which of the following could be ruled as "targeting" and result in a three-minute nonreleasable penalty (with a possible ejection)?

- A. A body check that intentionally takes aim at a player in a defenseless position.
- B. Intentionally taking aim at the head/neck of an opponent for the purpose of making violent contact.
- C. A check with the crown of the helmet (spearing) that targets the head/neck of an opponent.
- D. All of the above.

Rule Reference: Rule 5-4

27. Which of the following actions should result in a minimum penalty time of two-minutes nonreleasable? (Check all that apply)

- A. Body checking a defenseless player (not intentionally taking aim).
- B. A legal body check that slides up into, or follows through, into an opponent's head or neck.
- C. Targeting a defenseless player with a body check (intentionally taking aim).
- D. Initiate targeting that intentionally takes aim at the head/neck of an opponent for the purpose of making violent contact.

Rule Reference: Rule 5-4-4, 5-4-5, 5-4-6, 5-4-7

28. If a crosse does not conform to required specifications, the proper penalty is:

- A. Two minute nonreleasable; cross may be returned to the game.
- B. Two minute nonreleasable penalty, and the cross may not be returned to the game.
- C. Any and all crosse violations result in a 3-minute nonreleasable penalty, and the crosse will remain in the table area for the remainder of the game.
- D. Any crosse violation, except a deep pocket, hanging strings or missing end cap, will result in a 3-minute nonreleasable penalty, and the crosse will remain in the table area for the remainder of the game.

Rule Reference: Rule 5-5

29. During the game, an official asks a player for his crosse so the official can check it. Before the player hands the crosse to the official, he jams the mesh. What is the correct ruling?



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- A. Two-minute nonreleasable penalty for illegal crosse. Stick given back to the player.
- B. One-minute nonreleasable for unsportsmanlike conduct. If the player who adjusted the stick just scored a goal, it is disallowed. Crosse is then inspected and additional two-minutes nonreleasable if a violation is found.
- C. Two-minute nonreleasable unsportsmanlike conduct penalty. Crosse given back to the player.
- D. Two-minute nonreleasable for unsportsmanlike conduct. If the player who adjusted the stick just scored a goal, it is disallowed. No further check required.

Rule Reference: Rule 5-5 SITUATION D

- 30. The striking of an opponent on the neck or head by the crosse of an opponent is called "slashing", except when committed by the player in the act of:**
- A. Passing.
 - B. Shooting.
 - C. Attempting to scoop the ball.
 - D. All of the above.

Rule Reference: Rule 5-7-3

- 31. While A1 is attempting to scoop the loose ball, B2 trips over A1's crosse. RULING?**
- A. This is tripping foul. Play-on in favor of Team B.
 - B. This is tripping foul. Immediate whistle. A1 serves one-minute releasable for tripping.
 - C. This is not a tripping foul. Play continues.

Rule Reference: Rule 5-8

- 32. Which of the following is considered to be unnecessary roughness?**
- A. Swinging a crosse at an opponent with deliberate viciousness or reckless abandon.
 - B. An avoidable, legal body-check that is deliberate and excessively violent.
 - C. Obstructing an opponent below the waist with the foot or crosse.
 - D. All of the above.

Rule Reference: Rule 5-9

- 33. A player is considered to have fouled out of the game and not considered ejected in which situation(s)?**
- A. A player who accumulates five fouls.
 - B. A player who receives a second nonreleasable unsportsmanlike conduct foul.
 - C. A player who accumulates five minutes of personal fouls.



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D. Both A and C.

Rule Reference: Rule 5-11, 5-10

34. If a COACH is ejected, what amount of penalty time should be served by the team's in-home?

- A. 30 seconds.
- B. One minute.
- C. Two minutes.
- D. Three minutes.

Rule Reference: Rule 5-12-1

35. If a PLAYER is ejected, what is the mandatory penalty time for the ejection?

- A. One minute.
- B. Two minutes.
- C. Three minutes.
- D. No time is served, but the player cannot return to the game.

Rule Reference: Rule 5-12-1

36. A1 has possession and is being played by B1. B1 uses the portion of the crosse that is between his hands to contact A1's torso. Which of the following should result in a call for holding?

- A. B1's hands are WIDER than shoulder-width apart, and he uses equal pressure.
- B. B1's hands are no more than shoulder-width apart, and he uses equal pressure.
- C. B1's hands are shoulder-width apart, and he uses a thrusting motion.
- D. None of the Above

Rule Reference: Rule 6-3-2-a, 6-3-3-e

37. What happens when the officials signal Team A to Get It In/Keep It In?

- A. The team in possession has 10 seconds to get the ball in the box goal area, no matter where on the field the player in possession is.
- B. The team in possession must keep the ball in the goal area once the ball enters the goal area.
- C. If the ball goes out of bounds and Team A retains possession, Team A either has 10 seconds to Get It In or, if the restart is in the goal area, must Keep It In.
- D. All of the above.



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Rule Reference: Rule 6-10-2

38. Team A has possession in the 3rd quarter and is warned to "Get it in/Keep it in." What will cause the stall warning to end? (Check all that apply)

- A. A goal is scored.
- B. A shot is taken with the shooter's crosse above Goal Line Extended, that hits the goalkeeper, the goalkeeper's equipment, or the goal pipes.
- C. The defensive team gains possession of the ball.
- D. A shot from below Goal Line Extended that hits a pipe.

Rule Reference: Rule 6-10-2

39. A1 has possession and carries his crosse with both hands. He lowers his shoulder and violently bull dodges through a stationary defender. What is the correct call?

- A. Legal play.
- B. Warding off.
- C. Unnecessary Roughness.
- D. Unsportsmanlike Conduct.

Rule Reference: Rule 6-11-2 NOTE

40. A1's crosse is dropped or checked out of his hands. His crosse lands on the ground with the ball in, or underneath, the head. Which of the following the correct call?

- A. Immediate whistle, award ball to Team B.
- B. B1 may kick A1's crosse to try to get the ball out.
- C. A2 may flip A1's crosse with his crosse to try to get the ball out.
- D. If A1 picks up his crosse with the ball in it, then play continues.

Rule Reference: Rule 6-12

41. Goalkeeper A1 is flagged for a penalty. What is the correct procedure?

- A. The in-home serves the penalty.
- B. The in-home serves the penalty if the flag is for a technical foul, and A1 serves if the flag is for a personal foul.
- C. A1 serves if the flag is for an unsportsmanlike conduct foul; otherwise, the in-home serves the penalty.
- D. A1 serves the penalty.

Rule Reference: Rule 7-1



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42. B1 has four seconds remaining on a penalty with a faceoff pending. Which of the following is true?

- A. B1 must wait for the faceoff to end before entering the field (either possession is called or the ball crosses the a defensive-area line).
- B. B1 may enter the field as soon as his penalty ends.
- C. B1 may enter the field only after Team A scores a goal.
- D. None of the above.

Rule Reference: Rule 7-1-1-d, 7-2 SITUATION E

43. If a team has four or more players with time-serving penalties at the same time, which of the following is NOT correct?

- A. No more than three players can be in the penalty area serving penalty time at once.
- B. The penalty time for the fourth and all additional players will not start until one of the first three penalty time ends.
- C. If a goal is scored, all four players may immediately return to the game.
- D. All of the above.

Rule Reference: Rule 7-2-f

44. During play, B1 slashes A1, flag-down. A1 throws the ball out of bounds and the whistle blows to suspend play. During the dead ball, A1 commits a conduct foul. Then A2 commits a conduct foul. The correct enforcement is:

- A. B1 serves one minute (with the first 30 seconds nonreleasable), A1 serves no time, A2 serves 30-seconds nonreleasable, and Team B is awarded possession.
- B. B1 serves one minute releasable, A1 and A2 each serve 30-seconds releasable, and Team A is awarded possession.
- C. B1 serves one minute. A1 and A2 each serve 30-second fouls, and Team B is awarded possession.
- D. B1 serves one minute releasable, A1 serves no time, A2 serves 30-seconds releasable, and Team B is awarded possession.

Rule Reference: Rule 7-5, 7-2-d

45. A1 has possession of the ball and is slashed by B1. During the flag-down, A2 interferes with B2. The official blows the play dead. What is the ruling?

- A. This is NOT simultaneous fouls. B1 serves a one-minute personal foul; A2 serves no time. Team A retains possession.
- B. Simultaneous Fouls. B1 serves one-minute releasable; A2 serves 30-seconds releasable. Team A retains possession.



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- C. Simultaneous Fouls. B1 serves one minute, A2 serves 30 seconds. The common penalty time is nonreleasable. Team B is awarded possession.
- D. Simultaneous Fouls. B1 serves one minute, A2 serves 30 seconds. The common penalty time is nonreleasable. Team A is awarded possession.

Rule Reference: Rule 7-6-3-b-1, 7-6-4

46. A1 has possession in the goal area and is slashed by B1, flag-down, slow whistle. Which of the following conditions terminates the slow whistle?

- A. The ball or a player in possession of the ball moves outside the attack area.
- B. A1 attempts a bounce shot, and the ball hits the ground as part of that shot.
- C. B2 commits a technical foul during an imminent scoring opportunity for Team A.
- D. B2 commits a technical foul, and there is NOT an imminent scoring opportunity for Team A.

Rule Reference: Rule 7-8-2-i

47. Which of the following would result in a play-on?

- A. Goalkeeper interference by A1 when goalkeeper B1 has possession in the crease.
- B. During a loose ball, A1 pushes B1 in the back.
- C. During a loose ball, A1 steps offside.
- D. All of the above.

Rule Reference: Rule 7-10-1, 7-6-2

48. A2 shoots on goal, the ball is loose in the crease when the official blows the whistle, thinking that a goal was scored. The correct ruling is?

- A. Stop play, use alternate possession.
- B. Stop play, award ball to the defensive team.
- C. Stop play, award the ball back to the attacking team.
- D. None of the above.

Rule Reference: Rule 7-13-3, 4-9-2 SITUATION B

49. What should be done if there is an inadvertent whistle? (Check all that apply)

- A. Award the ball to the team that lost the most recent faceoff.
- B. Award the ball to the team with possession or entitled to possession when the whistle was blown.
- C. Award the ball by alternate possession if no team had possession or was entitled to possession when the whistle was blown (unless a faceoff is pending).



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D. Award the ball to the player closest to the ball when the whistle is blown.

Rule Reference: Rule 7-13-3

- 50.** With Team A in possession, B1 commits a slash against A1. Flag-down, slow whistle. Just before player A2 shoots, the same player B1 commits a holding foul against player A2 (second flag-down), and then the ball enters the goal after B1's holding infraction. RULING?
- A. No goal. Ball is dead immediately once there is a second defensive foul.
 - B. No goal. Ball is dead immediately after the first defensive foul.
 - C. Goal is good. An imminent scoring opportunity overrides the second flag-down until the scoring opportunity is complete.
 - D. None of the Above

Rule Reference: Rule Reference: Rule 7.8h