1. While the official is setting the draw the center from the Blue team realizes she is wearing earrings and runs to the bench to take them off, upon her return the official assesses a minor foul and awards the opponent a free position to resume play.
   Circle true or false.
   A) True.
   B) False.

2. A player’s mouthpiece may have graphics of white teeth.
   Circle true or false.
   A) True.
   B) False.

3. After the draw goes off and before the ball crosses the restraining line, a blue player behind the restraining line may touch her stick to the ground and scoops up the ball as long as her feet are not on or over the restraining line.
   Circle true or false.
   A) True.
   B) False.

4. During the draw, the Red center draws early and a White player steps into the center circle before the whistle, alternate possession is awarded to the appropriate team.
   Circle true or false.
   A) True.
   B) False.

5. A coach may request a stick check during an injury time out.
   Circle true or false.
   A) True.
   B) False.

6. Players’ sticks must be in the vertical plane of the center line and but the handle may be dropped on an angle to the drawers’ discretion.
   Circle true or false.
   A) True.
   B) False.

7. On the draw, all players below the restraining line are released ONLY when the official winds her arm to signal that possession has been gained.
   Circle true or false.
   A) True.
   B) False.

8. Obstruction of Free space to goal should be called if the ball carrier is inside the Critical Scoring Area and has the opportunity to shoot. Looking to shoot is not a criteria for the call to be made.
   Circle true or false.
   A) True.
   B) False.

9. Both three seconds and Obstruction of the Free Space to Goal rules are in effect, and therefore may be called as soon as the ball crosses over the restraining line.
   Circle true or false.
   A) True.
   B) False.
10. If both teams commit a draw foul and a redraw is to be taken, then the coach may substitute for her center.

*Circle true or false.*
- A) True.
- B) False.

11. The Blue team is on a scoring play and red is commits a three seconds foul. The official shall pull her flag. If the scoring play ends without a shot being taken, and no other foul committed. The penalty shall be set up at the spot of the ball when the official pulled her flag.

*Circle true or false.*
- A) True.
- B) False.

12. If during a slow whistle situation, the attacking player with the ball steps into the goal circle while releasing her shot, alternate possession will be awarded to the appropriate team.

*Circle true or false.*
- A) True.
- B) False.

13. When setting up the draw the blue team player draws too soon while the red team players pulls her stick in towards her body before the official blows her whistle. The appropriate penalty administration would be a redraw set up at the center.

*Circle true or false.*
- A) True.
- B) False.

14. When both the red team and blue team step on or over the restraining line before the draw possession is called, play will be restarted with the appropriate team getting the alternate possession to restart play at the spot of the ball when the foul occurred.

*Circle true or false.*
- A) True.
- B) False.

15. Shooting strings are not required in the pocket of the stick.

*Circle true or false.*
- A) True.
- B) False.

16. What NOSCAE ball color is NOT legal for play in girl’s lacrosse?

*Circle the single best answer.*
- A) Lime Green.
- B) Bright Orange.
- C) White.
- D) Yellow.
- E) All of the above.

17. When can a coach ask for a stick check?

*Circle the single best answer.*
- A) After a goal that ends the game in Sudden Victory Overtime.
- B) During a team time out.
- C) (A) and (B) only.
- D) During an injury timeout.
- E) During live play.
18. An Illegal Draw occurs when:
   Circle the single best answer.
   A) Either player draws too soon.
   B) Not drawing.
   C) Player taking the draw moves after the official says “ready” and before the official’s whistle.
   D) The player taking the draw first movement is to open or flatten the head of the stick.
   E) All of the above.

19. Which of the following is not considered a Delay of Game?
   Circle the single best answer.
   A) Failure to stand when the whistle is blown to stop play (creeping).
   B) Failure to wear a mouth guard or goggles.
   C) Failure to move 4 meters away on a free position.
   D) Any type of behavior which in the official’s opinion amounts to delay.
   E) All of the above are Delay of Game.

20. Which of the following is NOT listed as a Point of Emphasis for 2018?
   Circle the single best answer.
   A) Professionalism.
   B) Repetitive Fouls.
   C) Illegal Defensive Positioning; Obstruction of Free Space to Goal.
   D) Crosse in the Sphere and Check to the Head.
   E) Contact in the Midfield.

21. During the course of the game, it is determined that the ball in play does not include “meets NOCSAE standard”.
   What shall the official do?
   Circle the single best answer.
   A) The ball shall be removed, the home team will be assessed a penalty and lose possession if applicable.
   B) The ball shall be removed from the game and no penalty shall be assessed.
   C) The ball shall be removed, if a goal has been scored with the ball, the goal is allowed.
   D) Both (B) and (C).
   E) The ball may remain in the game as long as both coaches agree.

22. Which of the following is considered an illegal draw?
   Circle the single best answer.
   A) Drawing before the whistle.
   B) Any player stepping over the restraining line before a team gains possession if the ball is between the restraining lines.
   C) Not drawing.
   D) Both (A) and (C).
   E) All of the above.
23. A redraw should be taken when which of the following occur?  
Circle the single best answer.

A) The Blue center draws early and a red player on the circle pushes an opponent.
B) A player on the circle pushes her opponent causing that opponent to cross into the circle before the whistle is blown to start the draw.
C) The blue center's first movement on the draw is to drop her cross head flat to better control the ball and the red player on the circle steps in the circle before the whistle is blown.
D) The red center's first movement on the draw is to drop her cross head flat to better control the ball and a blue player pulls her stick into her body before the whistle.
E) All of the above.

24. An inadvertent whistle for a retraining line foul is blown when in fact no one is offside. The red team in possession of the ball is only 4 meters from the goal circle. How is play restarted?  
Circle the correct diagram.

(A)  
(B)  
(C)  
(D)  

25. When the score is tied at the end of regular playing time and overtime is to be played, which of the following procedures should be followed by the officials?  
Circle the single best answer.

A) Teams will have a 5-minute rest and toss a coin (visiting captain calls) for choice of ends only. Alternate possession shall continue from regulation.
B) Teams will have a 3-minute rest and toss a coin (visiting captain calls) for choice of ends and initial alternate possession.
C) Teams will have a 3-minute rest and toss a coin (visiting captain calls) for initial alternate possession. Goalkeepers will switch ends based on where they were when regulation ended.
D) Teams will have a 5-minute rest and will remain defending the end where they finished the game and alternate possession shall remain as it was when the game ended.
E) None of the above.

26. In which of the following scenarios is a player allowed to safely kick the ball?  
Circle the single best answer.

A) A shot is taken and in order to be closest to the ball a blue player kicks the ball out of bounds.
B) The ball is on the ground between opposing players and one player is trying to gain possession.
C) The ball is on the ground in front of the goal and the red player kicks the ball into the goal circle in attempt to score a goal.
D) In order to gain possession on a boundary the red player kicks the ball off a blue players legs so it goes out of bounds.
E) Both (B) and (D).
27. When is a boundary call awarded to the closest player on the shot?
   Circle the single best answer.
   A) The ball is touched but not possessed by the closest player to the end line, but continues to go out of bounds.
   B) When the closest player to the ball is out of bounds before the ball leaves the field of play.
   C) A player tries to win the ball from her opponent by redirecting the ball, never gaining possession and the ball rolls out of bounds.
   D) The ball goes over the sideline rather than the end line on a shot.
   E) Both (A) and (D).

28. In which of the following scenarios should the official blow an immediate whistle?
   Circle the single best answer.
   A) There is an Obstruction of Free Space to Goal violation.
   B) While the red ball carrier is in the midfield, a blue defender crosschecks red in the back thrusting the player forward; though red stumbles she maintains possession of the ball.
   C) The blue goalkeeper runs out of the goal circle to defend a red attack player with the ball. The goalie’s blue teammate sees the empty goal and runs into the goal circle to defend while red maintains possession by passing the ball around.
   D) Any time there is an Illegal Deputy.
   E) All of the above.

29. Which of the following criteria MUST be met before an official should raise her flag.
   Circle the single best answer.
   A) The defense commits a goal circle or offside foul.
   B) The defense commits a foul anywhere outside the CSA.
   C) The attacking team is on a scoring play in the critical scoring area when a major foul by the defense is committed.
   D) Anytime there is three seconds.
   E) Only (C) and (D).

30. Red attack player is above GLE and within the CSA on a scoring play when a blue defender makes an unsafe check through the sphere barely missing the red player. The official sees that red is on a scoring play and pulls the flag. Red quickly dodges and carries the ball below the GLE and is about to make a pass to a wide open teammate in front of the goal but is cross checked and loses the ball. Where should play be set up?
   Circle the correct diagram.
31. What is the proper procedure for administering delay of game cards?
   Draw a line from the violation in column 1 to the correct procedure in column 2.

<table>
<thead>
<tr>
<th>A) 1st Violation</th>
<th>Green/yellow card to the offending player, major foul, change of possession, 2-minute penalty to the offending player, team plays short for 2 minutes and the card will not be included in the team card count.</th>
</tr>
</thead>
<tbody>
<tr>
<td>B) 2nd Violation</td>
<td>Yellow card to the offending player, misconduct, change of possession, 2-minute penalty to the offending player, team will play short and this card will be included in the team card count.</td>
</tr>
<tr>
<td>C) 3rd, and any subsequent violations</td>
<td>Green card to the offending team, minor foul and change of possession.</td>
</tr>
</tbody>
</table>

32. The Blue team goalkeeper has made a save and is now in possession of the ball in the goal circle. The official begins the 10 second count when the ball enters the goal circle. If the ball leaves the goal circle (either thrown or carried out), which situation must happen before the ball can legally be returned to the goal circle?
   Circle the single best answer.
   A) A teammate of the goalkeeper catches a pass from the goalkeeper.
   B) The goalkeeper who carried the ball out has her stick checked by an opponent, but the ball is not dislodged.
   C) A player for the opposing team knocks down an attempted pass from the goalkeeper.
   D) The blue goalie is pushed by a red opponent and a foul is called.
   E) All of the above.

33. As Blue #1 scores a goal, Red #1 roughly checks blue #1 to the ground. The official cards Red #1 either yellow or red depending on the severity of the foul. How shall play be started?
   Circle the single best answer.
   A) Red #1 will go to the penalty area for the appropriate time depending if the card was yellow or red. Blue center will be awarded the ball at the center, with the red center places 4 meters ahead of Blue on either side at a 45 degree angle.
   B) Red #1 will go to the penalty area for the appropriate time depending if the card was yellow or red. Blue center will be awarded the ball at the center, with the red center places 4 meters behind blue.
   C) Red #1 will go to the penalty area for the appropriate time depending if the card was yellow or red. Blue center will be awarded the ball at the center, with no red player in allowed in the center circle.
   D) Red #1 will go to the penalty area for the appropriate time depending if the card was yellow or red. Play will start with a draw.
   E) Red #1 will go to the penalty area for the appropriate time depending if the card was yellow or red. Play will be restarted with alternate possession to the appropriate team.

34. While play is going on a player goes to the ground with what appears to be an injury, the player is not getting up so the official blows the whistle and stops play to check on her. What is the correct next step?
   Circle the single best answer.
   A) If the player gets up on her own, no one has come onto the field to attend to her so she may stay and the official shall resume play.
   B) If the player gets up on her own, no one has come onto the field to attend to her she must leave the field before play is resumed.
   C) If a trainer comes onto the field to attend to her she must leave the field before play is resumed.
   D) If the player gets up on her own, the official must ask her if she wants to leave the game.
   E) Both (B) and (C).
35. As Blue #1 on attack is heading to goal she shoots the ball and hits her teammate, Blue #2, who is all alone in front of the goal circle. The official shall.

Circle the single best answer.

A) Nothing, a player cannot cause danger to her own teammate.
B) Call a body ball on Blue #2 and give the closest defender the ball 8 meters away from the goal, no one is place 4 meters behind.
C) Call dangerous propel, card Blue #1, give the ball to the goalkeeper and Blue #1 will be placed 4 meters behind the goal circle.
D) Call dangerous propel, card Blue #1, give the ball to the closest opponent 8 meters away from the goal, no one is placed 4 meters behind.
E) Call dangerous propel, card Blue #1, give the ball to the closest opponent at the spot where the player was hit and have the next closest Blue player 4 meters behind.

36. Which of the following is a minor foul?

Circle the single best answer.

A) Illegal Crosse.
B) Warding.
C) Players cross the restraining line before the official indicates there is possession.
D) Empty check inside the 8 meter arc.
E) All of the above.

37. Which situation should the official call Obstruction of Free Space to Goal (Shooting Space) when a non-marking opponent is standing between the ball carrier and the goal (in the free space to goal) and not within a stick’s length of the ball carrier?

Circle the single best answer.

A) The attack player is being double or triple teamed, and has no opportunity to shoot.
B) The ball carrier is outside the 12 meter fan.
C) The ball carrier catches a pass from a teammate to her left side and passes the ball to another teammate on her right side, both teammates are positioned on the outside of the ball carrier.
D) The ball carrier is one step inside the 12 meter arc and the opponent is standing on the 8 meter arc.
E) There is a pair of opposing players between the player in the free space to goal and the goal.

38. What procedure should the officials follow if a head coach is assessed her first yellow card of the game for misconduct?

Circle the single best answer.

A) The coach must designate a player who must leave the bench area and enter the penalty area to serve the entire two minutes of elapsed playing time. The card will not count toward the team's cumulative card count. All players on the field remain on the field.
B) The coach must designate a player who must leave the field and enter the penalty area to serve the entire two minutes of elapsed playing time. The card will count toward the team's cumulative card count.
C) The coach must designate a player who must leave the bench area and enter the penalty area to serve the entire four minutes of elapsed playing time. The card will count toward the team's cumulative card count.
D) The coach must designate a player who must leave the field and enter the penalty area to serve the entire four minutes of elapsed playing time. The card will not count toward the team's cumulative card count.
E) The coach must designate any player on her team to enter the penalty area to serve the entire two minutes of elapsed playing time. If the player that was chosen was on the bench the coach must pull a player off the field to sit on the bench.
39. A White player has her head down attempting to pick up a ground ball and is in a defenseless position when a Blue opponent approaches from behind and thrusts her stick into White's lower back. What is the foul and how shall it be administered?

Circle the single best answer.

A) Dangerous Follow Through, major foul, a mandatory yellow card should be administered to the Blue player, free position for White, no player behind.

B) Dangerous Contact, major foul, a mandatory yellow card should be administered to the Blue player, free position for White, no player behind.

C) Crosse-Check, major foul, free position for White. Blue player 4m behind the free position.

D) Improper Use of the Crosse, minor foul, free position for White, Blue player 4m to the side of the free position.

E) Dangerous Contact, major foul, no card given and free position for White, Blue player four meters behind.

40. White has the ball just outside the 12 meter fan when the Blue defender inside the 8 meter arc is called for three seconds. What is the penalty administration?

Circle the correct square.

41. Following a minor foul in the 12 meter fan, the blue team is awarded an indirect free position on the fan; all other players are 4 m away. The ball carrier runs behind the goal circle untouched, and comes to the front of the goal and shoots. How is this penalty administered?

Circle the correct diagram.
42. During a draw which of the following is considered an early entry foul?

Circle the single best answer.
A) Player behind the restraining line steps on the restraining line to pick up a ground ball rolling towards her before possession is gained.
B) Players on the circle entering the circle before the whistle is blown.
C) Players taking the draw drawing before the whistle is blown.
D) A team’s 12th player waiting in the team substitution area for the draw.
E) (A) and (B).

43. Following a goal scored by Blue #1, the red team coach asks for blue #1’s stick to be checked. The stick is illegal. How is play restarted?

Circle the single best answer.
A) Free position at the center line for red, blue center 4m away on a 45 degree angle. Player positioning for the draw shall apply.
B) Free position at center line for red, blue center 4m directly behind the free position. Player positioning for the draw shall apply.
C) Free position for the red goalkeeper, Blue #1 is 4m behind the goal circle, all other players 4m away.
D) Free position to the nearest red defender on the center 8m hash mark going out, Blue #1 is 4m behind the free position.
E) A draw is taken to start play.

44. The official blows whistle for the defense offside when the ball is directly behind the goal circle, where will the attack be awarded a free position?

Circle the correct diagram.

(A)  (B)  (C)  (D)

45. Which of the following rules pertaining to a time-out request is incorrect?

Circle the single best answer.
A) The captain may directly request a time out from either official.
B) The official may blow the whistle to indicate the time out when she hears the coach request a time-out.
C) The coach may only request a time out through the official.
D) The table may sound the horn if the coach’s team is in possession of the ball either a live or dead ball.
E) The coach of a team that has just scored may call a time out.

46. Players may kick a ball on the ground in which of the following examples?

Circle all that apply.
A) To safely get the ball out of a scrum.
B) To shoot on goal.
C) To save a rolling ball from going out of bounds.
D) To “pass” to an open teammate.
E) To advantageously move the ball up field.
47. During a stick check, the officials are required to check which of the following?

Circle all that apply.

A) Pocket depth on the front of the stick.
B) Pocket depth on the back of the stick.
C) Ball moves freely in the pocket.
D) Number of thongs.
E) If shooting strings are attached directly to the sidewall.

48. Green attacker has just scored a goal. As she moves up field towards the center circle she taunts the White team defender who had been marking her. What action should the officials take?

Circle the single best answer.

A) No goal. Blow whistle to ensure all players stand. The White player who was taunted will be awarded the ball at the spot of the foul. The goal scorer will serve the penalty 4m directly behind.
B) Goal counts since the pushing foul occurred well after the goal was scored. Green goal scorer is given a yellow card for misconduct. White team will be awarded a free position at center to restart play, with the Green center placed on a 45 degree angle in front of the white player.
C) No goal. The player that scored the goal then committed a foul. The White team will be awarded a free position at center to restart play.
D) Goal counts since the taunting occurred well after the goal was scored. Card the Green player for misconduct. The White center who was pushed will be awarded the ball at the center. The next closest Green player will be placed 4 meters behind the ball.
E) Give the green attacker a verbal warning and tell her the next offense will be a card.

49. The White defense has received a yellow card and is playing short a player for 2 minutes; Blue attack is on a scoring play. Trail official discovers the White team has only 3 players behind the restraining line. The trail umpire raises her arm to indicate White defense is offside. Blue shoots and the White goalkeeper saves the shot and now has possession of the ball in the goal circle. What procedures should the officials follow?

Circle the single best answer.

A) The official will continue to hold her whistle because the defense is not impacting play.
B) The official will call the offside and then Blue attack will be awarded a free position at the center of the 8m arc. Closest defense player will go 4m behind. Defense player closest to the restraining line will move back onside. The arc will be cleared.
C) The official will call the offside and then award an alternate possession to the appropriate team.
D) The official will call the offside and then Blue attack will be awarded a free position at the top of the 12m fan. Closest defense player will go 4m behind. Defense player closest to the restraining line will move back onside. Penalty lane will be cleared.
E) The official will call the offside and award the Blue attack a free position at the dot. Defense player closest to the restraining line will move back onside.
50. A blue attacker positioned directly in front the goalkeeper in her goal circle, fires a hard, fast shot at the goalkeeper’s head from close range not allowing any time for the goalkeeper to react. The official calls a Dangerous shot, how will the official administer this penalty.

*Circle the single best answer.*

A) The goalkeeper will be given the ball at the 8 meter arc heading out with the blue shooter 4 meters behind.
B) The official should not make call, the goalkeeper is wearing a helmet.
C) The defender closest to the blue shooter will be given the ball on the 8 meter arc heading out with the shooter behind and all other players 4 meters away.
D) The ball will go to the goalkeeper in the goal circle with the shooter 4 meters behind the goal circle.
E) The official will card the shooter because a Dangerous shot is always a Dangerous Propel. The goalkeeper will be given the ball in her goal circle and no other player is placed behind the goal circle.